

Unification of the Human—Nature Split On the Organic Planet Earth: To Heal the Destruction of Human Minds and the Natural Environment

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Abstract: Everybody feels something is wrong with today's world. People are becoming more self-centered/non-cooperative. The economy is fluctuating as much as the abnormal weather. The natural environment is being destroyed everywhere. In spite of material wealth, our anxiety level is as high as ever. What is wrong with today's world? And what can we do about it before it is too late? This paper will attempt to answer these questions, which everyone is having today, by indicating what is causing this situation and the clear direction we should follow to change it.

Key words: human vs. nature, human-nature, division, split, separation, unify, integrate, this planet, earth, destruction, environment, human mind

1. Western Civilization Destroying Nature Both Inside and Outside of Ourselves

What has become of this world? Everywhere we see destruction of the environment and of human minds [1].

Why is this happening today?

The answer is that human activities, which have been led by Western civilization, are destroying nature both physically and mentally [2] [3]. Today's world is guided by Western standards, which are both aggressive and materialistic [4]. It is thought that these originally derived from the people who hunted wild sheep and goats in the hilly regions of the Middle East more than 2,5000 years ago. Population

pressures began to increase early in that area as human settlements boosted, and these hunters intensified their hunting and gradually asserted greater control over the people in the area. In time, they probably slowly transitioned from following certain groups of animals to domesticating them. However, in order for them to habitually kill the animals for meat, they needed to draw a clear line between themselves and their food, even degrading them to make the killings easier [5]. Thus, the meat-eating lifestyle, which is accompanied by looking down on animal beings, exists at the very base of western civilization [6]. This human-centered/biased attitude was

later reinforced by Christianity, and much later still by the Humanism movement of the Renaissance [7]. Now, today, admiring its strength and material wealth, the rest of the world is following this civilization of peculiar origin, and discarding its own native lifestyle, which respected living with nature.

2. Everything Natural Must Be Changed

As a matter of course, when the whole world follows this idiosyncratic lifestyle of despising/exploiting nature, problems are bound to occur. In western minds, nature is merely their food/resource, and thus regarded as something primitive/savage, which is to be killed/conquered [8]. As a result, an unspoken code permeates, where everything natural has to be reworked/modified for human use [9]. It was because of this that native American Indians were massacred, not considered sophisticated enough to be in charge of their own lands. It is why U.S. land is covered everywhere by oil-drilling holes. It is why more than one-fifth of the Amazon's forests have been cut down during the past 40 years [10], and why people are now turning to Africa to do exactly the same there. If this distorted vision of changing everything natural is to be continued, it is indeed only a matter of time before we will lose all greenery on this planet, which produces the oxygen that we need to breathe. This is not all – we have been carrying out the same destructive acts on the human mind as well. Parents are either busy forcing their views and ambitions on their children or too preoccupied with pursuing their own interests to care for them properly. Those children whose natural minds are violated/ignored by abusive/neglectful parents will grow into adults possessing the same distorted, aggressive mentality [11]. Thus, the world is now filled with those whom we cannot trust and the crimes that they commit. This destruction of nature inside/outside of ourselves is the most significant cause of today's problems, and is bringing us closer and closer to our final destruction—the *apocalypse* [7].

3. Being Natural Is Most Beautiful and Powerful

In order to stop this craze, we must bring humanity closer to

nature once more — pure and simple [12]. Nature is the very matrix of all living beings, and to appreciate nature inside/outside of ourselves is the only way for us to subsist on this planet [13]. What makes this planet so special is that it is filled with greenery/lives. Yet, everything we are doing today is destroying what is natural and producing in its place objects that are artificial/dead [14]. We need to stop our current lifestyle of sidelining/exploiting/destroying nature, inside and outside [15]. What is natural is most beautiful and powerful, and we are all born naturally good, not bad [16].

4. To Heal Our Psychological Projection by Integrating Our Split Selves and Achieve True Happiness

Because the psychological split between mankind and animal/nature has become so extreme, human beings/civilization now even fear/deny/detest everything animalistic/untamed inside and outside of ourselves [17] [18]. Indeed, what is destroying everything naturally good on this earth is the psychological projection that comes from our own internal insecurity [19]. This is similar to the defense mechanism that Hitler used. Suspecting a possibility that he himself was partly Jewish, Hitler purged all the Jewish people just to feel secure [20]. Yet, we cannot deny the simple fact that we are all born as part of this natural planet, and so can never be happy without accepting the natural part of ourselves [21]. We cannot live on a natural planet while continuing to resist it as being something unnatural. When we cut ourselves off from animal beings and see them as purely a source of food, we also cut off part of ourselves. Our civilization has been directed by this distorted pathological psychology. It is due to this contradiction of our own making that we see problems everywhere today. As Carl Jung says, true happiness only arrives when we unify split parts of ourselves [22]. To do this we need to change course and follow the path of appreciating/caring for what is natural both inside/outside of ourselves.

5. Eating Meat—Against the Natural Providence

Therefore, the very first thing we have to correct is our dietary habit. Human DNA is 95% identical to chimpanzees, which depend on plant food 95% of the time [23]-[25]. This indicates that human beings should depend mainly on plant foods, and collides sharply with our meat-eating lifestyle. As mentioned, this meat-eating habit originated due to a shortage of plant foods to support increasing numbers of human settlements [5]. Hence it began as a means of coping with a special circumstance, and was not intended to be the global human standard that we see today (this is why we see a global shortage of foods [52]). It cannot be denied that this meat-eating habit is one of the key factors that are dividing human beings and animal beings. For eating meat necessitates our killing animals. The fact that human beings are mammals suggests that eating flesh of other mammals is tantamount to cannibalism, the most detestable taboo of all [26]. Indeed, seeing that the very start of the human/animal split caused such a destructive impact on later human minds/the natural environment, our ancestors learning to taste flesh of our kin could even be interpreted as the practical *Adam's apple*, and the coming apocalypse our *paradise lost*. In fact, the level of our abhorrence of cannibalism could be due to the projection of guilt/insecurity that accompanies the eating of the flesh of our kin almost daily [7]. This is why this topic is so taboo (socially repressed) today in human society. Herbivorous beings eating meat daily are like cows being fed with cattle-bone chips. Living against the natural providence, anything could happen.

6. Capitalism as the Engine of Destruction

There is one other thing that is solidifying this human-nature split almost to immovability. It is *Capitalism*. Capitalism/consumerism is now dominating every human relationship, making it that of merchant/customer, and everything on this planet is its merchandise [27] [28]. As long as this system is the basis of our civilization, it breaks every human tie, destroys everything natural for the purpose of making profits, and drives us slowly and steadily towards the apocalypse. It is imperative then that we set an absolute limit on these exploitive/destructive activities if we are to

stay living on this finite/organic small planet [29]. This is a simple fact that nobody can deny. We simply cannot keep destroying what created us and all living beings, producing lifeless foreign objects on this finite space, and forcing servant-master relationships on every human bond. Furthermore, capitalism destroys human minds directly by causing greed, addictions, competition, discontent, insecurity, animosity, alienation and isolation [51].

7. Reinterpretation of the Bible to Correct Anthropocentrism

To put us closer back to nature, we first need to reinterpret the Bible, correctly [30]. The Bible is often interpreted as indicating that mankind is superior to other living beings, and thus other beings are to be wisely utilized for the well-beings of mankind. Yet if this was an intent behind the Bible, why did it include St. Francis of Assisi, who loved/cared for animals so deeply [31]? Is it too far-fetched to infer that the story of St. Francis of Assisi is there as a model of how human beings should treat other animal beings, to show that we should love/care for God's whole creation, animals/flora included? Such an attitude is required right now to ensure the subsistence of this planet earth.

8. Fortifying the UN and Establishing a Sustainable World Infrastructure

To orchestrate such a global shift, we need to re-establish the UN as the true administrative headquarters of global governance. We need the UN to govern the whole world as one unified nation [32]. For this we need to elect new administrative members, who are representatives of the whole world, not merely of each national interest. We need representatives who will think in terms of the welfare of the world as a whole, being truly fair/impartial with all nations. We need, too, to confer on it the inviolable authority to take decisive actions. On this basis, our first goal should be to take UN votes to outlaw nuclear weapons [33]. Then all the nuclear weapons at the UN should be gathered up, both for the purpose of management and as a deterrent to future uncontrollable regimes. The next step should be to take

drastic action to move food/support to destitute Third World countries, to ensure their livelihood [34]. We also need to draw clear lines literally to designate areas for developments and areas to be left untouched [29]. Except for establishing the infrastructures that ensure the safety/security of our basic living, we should shift our business focus more on to the services/software sectors. We also need to simplify our recycling system and enforce the same system throughout the world [35]. As mentioned, it is impossible to continue to base our civilization on vulture-like capitalism, which exploits/destroys everything on this planet. However, if capitalistic competition were to be allowed, it must be within the above-mentioned strategy that will not destroy our environment/minds. It must also be within the rigid sustainable global framework and only on a limited scale. The era of capitalism as our primary operating principle is over [36]. It is time to set up a new solid/secure/sustainable world system under one headquarters, which manages the whole world as one nation. In this new world system, we will need to evaluate new issues by always referring to natural providence. This is our unchangeable axis for living on this natural planet [12]. Firstly, then, we ensure minimum world infrastructure, followed by running the world under a whole new, sustainable system. For this, we must reinforce the role of the UN one step further to fully function as the world government [33].

9. Shift from Degradation/Exploitation to No Invasion/Appreciation

We have split mankind and others on this organic planet, and by labeling others as lower beings we have been exploiting them as we please [37]. What we see environmentally today are the result of reactions to this irresponsible/uncontrolled exploitation. We have been trying to justify it, trumping up a selfish logic that what is natural only turns into good with a human touch [9]. We have been doing the same thing on human minds too. All the violence/crimes committed by those with negative minds are reactions to parental one-way actions of excessive control and selfish neglect [38]. We must shift

from this stage of degradation/exploitation to the stage of no invasion/appreciation both inside and outside of ourselves [39]. Only by correcting this distorted psychology will the damage to the natural environment/human minds heal slowly and gradually.

10. To Unify Human Acts in Non-violent Mode

To hurt sentient animals, knowing they have feelings the same way that we do, is wrong. It is an act of invasion/violation [40], and as such it remains at the very bottom of our repertoire of possible human acts. Such acts, though, will come to surface when we least expect them to [41] [42]. Just as army veterans who have fought in battle cannot easily reset themselves to civilian mode, so human beings cannot switch their mode so conveniently according to the situation. A violating conduct that was once condoned to others and repressed could always come back to ourselves. The slaughterhouse system, which existed to kill animals, was allegedly adapted to develop a way to efficiently massacre the Jewish people [43]. Thus, animal experiments, and animal factories, can be seen as sowing the seeds of violation of others in our society [40]. We must establish a scientific approach/food system in which we do not violate others, human or animal beings. Individually, or in a group, human beings basically behave in a simple single pattern [44]-[46]. We can never control our violent acts halfway. We must unify our acts on this planet in a safe/positive way if we want to live truly peaceful lives.

11. Radicate Empathy in Society

In the current excessively capitalistic world, we promote the opposite values of empathy, such as comparison, competition, envy, greed, and hostility [47]. This is steadily making our society a place of danger for us all. We must promote empathy instead of such negative values, which only work to further capitalistic society [48]. Human beings are social animals; we cannot live without associating with others. Yet, without empathy in society, we simply cannot associate with others at our ease. It would not be so difficult to do away with competitive minds if we are assured of our minimum needs being met through stable

employment, and with access to sufficient social security/amenities. Norway, which has achieved this, was named the world's happiest country in 2017 [49] [53].

12. To Keep Planet Earth as the Living Planet

When human society makes peace with animal beings/greenery, we will also make peace with ourselves [39]. Only then can we achieve our wholeness and true happiness on this planet [22]. In so doing, we should not forget that animals are the key. For it is only they who can move like us human beings in the natural world. In this sense, they are the very symbol of the whole of nature [5]. And this planet is so special because they live on it. However, human beings/civilization are looking instead to zombies, aliens, Artificial Intelligences, robots, cyborgs, personified daily goods, stuffed animals acting like humans, and stories about violence/crimes, which are all promoted by capitalistic schemes, and in essence dead, or pointing in that direction. We should be appreciating/encouraging every living being, including human beings, and working to keep this small miracle planet as alive as when it was handed to us [50]. After all, there is no *Sponge Bob*, no *ET*; all we have is animals. We pay much closer attention to our neighbor beings. It will heal our own inner wounds, and with it the problems our civilization created. All the answers are in *animals*.

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